

## **Article Submissions**

I've put together a few notes and guidelines for writing articles on my website.

- 800 words preferred for your article
- Word Document or just type it into an email with formatting please
- Let us know if you want this article to be Anonymous or your name/nickname included. If you would like a link back to your website or socials please include these details

## **Pictures**

Please try and attach a header/feature image that relates to your article and a picture of yourself if you would like it included. Landscape images for the header work best to display on all devices  
pc/laptop/tablet/mobile

If you have written permission to use an image for your post that's fine however linking to another website or putting a "Copyright Gucci" next to the image or similar still violates copyright and we can't use it.

Personal pictures you have taken are fine but please send good sized images at least 800px wide or originals otherwise they will appear blurry when users view from a desktop/laptop.

[www.pexels.com](http://www.pexels.com) is a great source of free image we can use, simply send us a link to the page and we will download and resize it for your post.

Once you have all this please email it to [heidi@realheidi.com](mailto:heidi@realheidi.com) with the subject Article Submission

## **Once Your Article Is Published**

Sharing your articles with your social networks and linking to [www.heidileeanderson.com](http://www.heidileeanderson.com) would be appreciated Please tag me on facie, insta or Twitter also.

Any questions let me know :)

xoxo

Heidi

[heidi@realheidi.com](mailto:heidi@realheidi.com)